

## Fruity Muffins

### Ingredients

1. 1 cup All Bran cereal
2. 1 cup mixed dried fruit
3. 25 gram margarine
4. ½ teaspoon cinnamon
5. 1 pear, grated
6. 1 cup vanilla yoghurt
7. ¼ cup apple juice
8. 1 cup whole meal flour
9. 2 eggs lightly beaten

### Instructions

1. Combine cereal, yoghurt, dried fruit, apple juice in bowl – let stand for 15 minutes.
2. Rub margarine into combined flour and spices, add eggs, pear and cereal mix and combine.
3. Spoon mix into lined muffin pans.
4. Bake at 180°C for approx. 20 minute, until golden brown and cooked through.